

## KAILASH - MANSROVAR YATRA & TREK - 2018

Mt. Kailash is 22028ft above sea level & Lake Mansarovar is 14950ft above sea level  
 Total 2584kms Kathmandu - Kathmandu. (2500km drive in vehicle & 84km Parikrama Trek)



### **HOLY MT. KAILASH INNER PARIKRAMA (KORA)**

| Tour Code | Tour Title                                    | Duration           | Destination Covered  |
|-----------|---|--------------------|--|
| FMO 500   | Holy Mt. Kailash with Tirthapuri & Inner Kora | 16 Nights/ 17 Days | Kathmandu, Holy Mt. Kailash, Mansarovar Lake, Tirthpuri & Inner Kora |

### **TRIP FACTS:**

| Tour Grade | Tour Duration | Highest Elevation | Road Condition       | Walking and trekking Duration                         | General Information   |
|------------|---------------|-------------------|----------------------|---|---|
| 4          | 17 Days       | 6,100 Meter       | Black Topped Highway | Approx 55 Km Holy trek including 5 Km steep Climbing. | High level Adventure trek. The Surface journey is smooth and comfortable till Parikrama starting point. |

### **OUTLINE ITINERARY:**

- Day 01: Arrival Kathmandu,
- Day 02: Trip preparation and half day Kathmandu pilgrimage sightseeing,
- Day 03: Drive from Kathmandu to Syabrubesi,
- Day 04: Drive from Syabrubesi to Kyrung,
- Day 05: Acclimatization day at Kyrung,
- Day 06: Drive from Kyrung to Saga,

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Day 07: Drive from Saga to Mansarovar and Puja,  
 Day 08: Drive from Mansarovar to Darchen,  
 Day 09: Drive from Darchen to Yamadwar & Holy Trek to Dirapuk,  
 Day 10: Visit Polung Glacier and North face and return to Dirapuk,  
 Day 11: Holy Trek and climbing to Zuthulpuk,  
 Day 12: Holy Trek to Darchen,  
 Day 13: Visit Tirthpuri and drive to Hore,  
 Day 14: Drive from Hore to Saga,  
 Day 15: Drive from Saga to Kyrung,  
 Day 16: Drive from Kyrung to Kathmandu,  
 Day 17: Puja at Pashupatinath Temple & Departure.

## DETAILED ITINERARY:-

### **DAY 01: 20TH JUL / 19TH AUG: ARRIVAL AT KATHMANDU (1,350 M), (Dinner)**

Arrival at Tribhuban International airport (1,350 M), meet and welcome by our office representative & transfer to hotel. Overnight stay at hotel.

### **DAY 02: 21ST JUL / 20TH AUG: TRIP PREPARATION & KATHMANDU SIGHTSEEING (B/L/D)**

Breakfast leave for Pilgrimage sightseeing tour to Pashupatinath temple, Boudhanath stupa and Budhanilakanth temple. Return to hotel, lunch and preparation for yatra. Overnight stay at hotel.

### **DAY 03: 22ND JUL / 21ST AUG: DRIVE TO SYABRUBESI( 140 KM, 8 hrs drive) (B/L/D)**

Drive to Syabrubesi (1,550 M). After arrival at Syabrubesi check into the hotel. Overnight stay at hotel

### **DAY04: 23RD JUL / 22ND AUG: DRIVE TO KYRUNG (20+ 55 Kms 1 ½ hours drive) (B/L/D)**

After breakfast drive to Nepal China friendship bridge , Timure ( 20 km, 30 Mins drive). Complete Nepal and China side immigration formalities & walk further ahead & get introduced with your Chinese guide / coach drivers. After introduction, proceeds the journey to Kyrung (2,700 M). Arrive in Kyrung and overnight stay at guesthouse.

### **DAY 05: 24TH JUL / 23RD AUG: ACCLIMATIZATION DAY AT KYRUNG, (B/L/D)**

Full day acclimatization at Kyrung. Freshly cooked meals, tea, coffee and snacks will be served. Overnight stay at guesthouse.

### **DAY 06: 25TH JUL / 24TH AUG: DRIVE TO SAGA (105 KM, 4 hours drive) (B/L/D)**

After breakfast drive to Saga/ New Dongpa. There is nothing so special but you will enjoy the beautiful Tibetan landscape. After approx. 4/5 hour's drive you will reach to Saga (4,580 M). OR New Dongpa ( 195 kms 5/6 hours drive) . Arrive in Saga/ New Dongpa and overnight stay at hotel.

### **DAY 07: 26TH JUL / 25th AUG: DRIVE TO MANSAROVAR, (427 Kms, 7/8 hours drive) (B/L/D)**

After breakfast, drive to Mansarovar (4,590 M). Arrive Mansarovar, take a holy bath; perform Puja, Hawan, and Devtarpan etc (self). Freshly cooked dinner will be served at the edge of Mansarovar Lake. Overnight stay at guesthouse.

### **DAY 08: 27TH JUL / 26th AUG: DRIVE TO DARCHEN (30 KM , 1 hour drive) (B/L/D)**

Drive to Darchen (4,675 M), en-route visit to Chuigumpa hot spring will be organized. Finally arrive in Darchen and overnight stay at hotel.

**DAY 09: 28TH JUL / 27TH AUG: HOLY TREK TO DIRAPUK (8 Km drive and 10 Km trek) (B/L/D)**

With packed lunch box, drive to Tarboch Flag Pole, the first prostration point, - an auspicious gateway and the sky burial ground. Visit Yamadwar and further drive to Sershong. Meet your porters/ pony caretaker etc. and trek to Dirapuk (4,765 M). Overnight stay at guesthouse

**DAY 10: 29<sup>TH</sup> JUL / 28<sup>TH</sup> AUG: VISIT POLUNG GLACIER & NORTH FACE (B/L/D)**

After breakfast start trek to close of North Face, bottom of Mt. Kailash (6,714 M) and Polung Glacier. Return to Dirapuk (4,765 M). Lunch and overnight at guesthouse/ Camp.

**DAY 11: 30<sup>TH</sup> JUL / 29<sup>TH</sup> AUG: HOLY TREK & CLIMBING TO ZUTHULPUK (B/L/D)**

Early in the morning start climbing via Khandasang La, Kuber Kund to east face. Light lunch served on the way. Camp at third prostration point/ Zuthulpuke. Dinner & overnight at camp or guesthouse.

**DAY 12: 31<sup>ST</sup> JUL / 30<sup>TH</sup> AUG: HOLY TREK & DRIVE TO DARCHEN (B/L/D)**

After breakfast start trek to Darchen (4,675 M, 14 Kms, 2 hours trek) . Overnight stay at lodge at Darchen.

**DAY 13: 01<sup>ST</sup> AUG / 31<sup>ST</sup> AUG: VISIT TIRTHPURI & DRIVE TO HORE, (B/L/D)**

After breakfast drive to Tirthpuri. Visit Tirthpuri and drive to Hore. Overnight at camp at Horchu.

**DAY 14: 02<sup>ND</sup> AUG / 01<sup>ST</sup> SEP: DRIVE TO SAGA ( 427 Kms, 7/8 hours drive) (B/L/D)**

After breakfast drive to Saga (4,580 M). New Dongpa ( 4,452, 350 km, 6/7 hour drive) . Overnight stay at hotel.

**DAY 15: 03<sup>RD</sup> AUG / 02<sup>ND</sup> SEP: DRIVE TO KYRUNG ( 105 Kms, 4 hours drive) (B/L/D)**

After breakfast drive to Kyrung (2,700 M, 182 km from Kerung and 105 km from Saga). Arrive in Kyrung and overnight stay at guesthouse.

**DAY 16: 04<sup>TH</sup> AUG / 03<sup>RD</sup> SEP: DRIVE & KATHMANDU, (B/L/D)**

Drive to friendship bridge (50 KM) - Nepal / China border & complete the Immigration formalities in China side, Cross the border and complete the immigration formalities in Nepal side. Walk to further down where your coach to Kathmandu will be waiting. Lunch will be arranged on the way. Arrive in Kathmandu after 7 hours drive – 140 km. Evening certificate distribution program followed by dinner. Overnight stay at hotel.

**DAY 17: 05<sup>TH</sup> AUG / 04<sup>TH</sup> SEP: PUJA AT PASHUPATINATH TEMPLE & DEPARTURE. (B)**

Holy water offering at Pashupatinath temple and free time until your departure transfer to International airport for your onward flight.

**DELUXE GROUP TOUR COSTS ON REQUEST**

**PRICE INCLUDES:-**

- ✓ Airport-Hotel-Airport transfer by private vehicles,
- ✓ Three nights 5 / 4 star Hotel accommodation in Kathmandu
- ✓ Kathmandu/ Border/ Kathmandu transfer by normal coach.
- ✓ Fully Trained Nepali staffs,
- ✓ Fully trained Sherpa team,

- ✓ Professional government license holder English speaking tour guide in Tibet,
- ✓ Yak & Yak men to carry equipment & food materials during Parikrama,
- ✓ Hotel / Lodge (Guesthouse) accommodation during the trip,
- ✓ Three time a day meals (Breakfast, Lunch & Dinner) while on the yatra,
- ✓ Mineral & boiled water,
- ✓ Oxygen cylinder and oxygen pillow as per the requirements,
- ✓ Tibet Visa & Permit Fee,
- ✓ Necessary Border charges,
- ✓ Experienced climbing Sherpa for inner Kora,
- ✓ Required fixed rope, helmet and all related safety equipment and permit cost of Inner Parikrama,
- ✓ Climbing equipment including ropes & climbing gears,
- ✓ Ground transfers in Tibet by Deluxe Coach,
- ✓ Required trekking & kitchen equipment,
- ✓ First aid kit,
- ✓ Free use of Down Jacket,
- ✓ Backpack, Monkey cap & duffel bag for free,
- ✓ Yatra Completion Certificate,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities for the tour staffs during the trip,
- ✓ All kind of local and government TAX

#### **PRICE EXCLUDES:-**

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Horse(s) & Porter(s) for personal use,
- × Tips for the trekking, tour staffs & driver,
- × Beverages & Alcoholic drinks,
- × Personal expenses: shopping, laundry, trekking-tour equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost may incurred by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

**(Please Note - All offers & quotes submitted by us, are completely governed by the Terms & Conditions given on our website - [www.mastertoursindia.com](http://www.mastertoursindia.com). Your confirmation for any arrangements to be made by us signifies you & other members of your group have accepted the same & are willingly bound by them)**