

KAILASH - MANSROVAR YATRA & TREK - 2018

Mt. Kailash is 22028ft above sea level & Lake Mansarovar is 14950ft above sea level
 Total 2584kms Kathmandu - Kathmandu. (2500km drive in vehicle & 84km Parikrama Trek)



HOLY MOUNT KAILASH VIA LHASA- NRI SPECIAL

Tour Code	Tour Title	Duration	Destination Covered
FML-NRI 400 A	Holy Mt Kailash via Lhasa- Fly in/Fly out	14 Nights/ 15 Days	Kathmandu, Lhasa, Shigatse and Holy Mt Kailash and Mansarovar Lake
FML-NRI 400 B	Holy Mt Kailash via Lhasa- Fly in/Drive out	14 Nights/ 15 Days	Kathmandu, Lhasa, Shigatse, Holy Mt Kailash, Mansarovar Lake, Kyrung & Sybrubesi.

FIXED DEPARTURE DATES – 2018

Month	Tour Code	Arrive in Kathmandu	Fly to Lhasa	Lhasa/Kathmandu /Chendu /Kolkata /Delhi Flight	Final Departure	Full Moon Dates
May	FML- NRI 401	4 th May	6 th May	17 th May	18 th May	
May	FML-NRI 402	25 th May	27 th May	7 th June	8 th June	29 th May
June	FML-NRI 403	3 rd June	5 th June	16 th June	17 th June	
June	FML- NRI 404	22 nd June	24 th June	5 th July	6 th July	28 th June
July	FML- NRI 405	3 rd July	5 th July	16 th July	17 th July	
July	FML- NRI 406	20 th July	22 nd July	2 nd Aug	3 rd Aug	27 th July
Aug	FML-NRI 407	1 st Aug	3 rd Aug	14 th Aug	15 th Aug	
Aug	FML-NRI 408	20 th Aug	22 nd Aug	2 nd Sep	3 rd Sep	26 th Aug
Aug	FML-NRI 409	31 st Aug	2 nd Sep	13 th Sep	14 th Sep	
Sep	FML-NRI 410	19 th Sep	21 st Sep	2 nd Oct	3 rd Oct	25 th Sep

INDIA: NEPAL: BHUTAN: TIBET: SIKKIM # AYURVEDA WELLNESS TOUR # ADVENTURE & TREKKING TOURS # BUDDHIST PILGRIMAGE & HOLY MT. KAILASH



OUTLINE ITINERARY:

- Day 01:** Arrival Kathmandu,
- Day 02:** Half day Kathmandu sightseeing and trip preparation ,
- Day 03:** Fly from Kathmandu to Lhasa & rest,
- Day 04:** Sightseeing around Lhasa City,
- Day 05:** Drive from Lhasa to Shigatse,
- Day 06:** Drive from Shigatse to Saga,
- Day 07:** Drive from Saga to Mansarovar and Puja,
- Day 08:** Drive from Mansarovar to Darchen,
- Day 09:** Drive from Darchen to Yamadwar and Holy Trek to Dirapuk,
- Day 10:** Holy Trek from Dirapuk to Zuthulpuk,
- Day 11:** Holy Trek from Zuthulpuk to Darchen and drive to Saga,
- Day 12:** Drive from Saga to Shigatse or drive to Kyrung,
- Day 13:** Drive to Lhasa or Drive to friendship bridge and drive to Kathmandu.
- Day 14:** Transfer to airport for fly to Kathmandu or Fly for onward journey.
- Day 15:** Transfer to airport for flight to onward Journey.

DETAILED ITINERARY:-

DAY 01: ARRIVE AT KATHMANDU: -

Dinner only

Arrival at Tribhuban International airport (1,350 M), meet and welcome by our office representative & transfer to hotel. Overnight stay at hotel.

DAY 02: HALF DAY KATHMANDU SIGHTSEEING & YATRA PREPARATION: - (B/L/D)

Breakfast leave for Pilgrimage sightseeing tour to Pashupatinath temple, Boudhanath stupa and Budhanilakanth temple. Return to hotel, lunch and preparation for yatra. Overnight stay at hotel.

DAY 03: FLY TO LHASA & REST: - (B/L/D)

Transfer to airport for flight to Lhasa (3,600 M) . Arrive in Lhasa-the capital city of the Tibet Autonomous Region. Your guide will meet & assist you at the airport and transfer you to Lhasa city(62 km, 1 hour drive). Arrive hotel and check in. Overnight stay at hotel.

DAY 04: LHASA SIGHTSEEING: - (B/L/D)

After breakfast leave for full day city sightseeing tour to Magnificent Potala Palace-the winter palace of the Dalai Lama; the place where the former great Dalai Lama's stupas are being kept; once the seat of the Tibetan government. With a history of over 1,300 years, the Potala Palace is the treasure of Tibetan religion and culture, storing plenty of figures of the Buddha, murals, sutras etc. After visiting Potala Palace, you will visit one of the three largest monasteries of Gelugpa- the Sera Monastery, and the Dalai Lama's summer palace of the treasure Park of Tibet, the Norbulingka. Return to hotel and overnight stay at hotel.

DAY 05: DRIVE TO SHIGATSE: - (B/L/D)

After breakfast drive to second largest city of Tibet- Shigatse (3,800 M, 265km, 5 hours drive). Arrive Shigatse and visit around the city and monasteries. Overnight stay at hotel.

DAY 06: DRIVE TO SAGA: - (B/L/D)

After breakfast drive to Saga. There is nothing so special but you will enjoy the beautiful Tibetan landscape. After approx. 2 hour's drive you will reach Lhatse (4,025 M, 155 kms). After Lhatse, continue

drive to Saga(447 Kms). Enjoy the Himalayan ranges on the distance and Holy Brahmaputra river. After approx. 7 hours drive you will reach Saga (4,580 M).). Arrive at Saga and overnight stay at hotel.

DAY 07: DRIVE TO MANSAROVAR & PUJA: - (B/L/D)

After breakfast, drive to Mansarovar(4,590 meter, 427Kms, 8 hours drive). Arrive Mansarovar, take a holy bath; perform Puja, Hawan, Devtarpan etc. (self). Freshly cooked dinner will be served at the edge of Lake Mansarovar. Overnight stay at guesthouse.

DAY 08: DRIVE TO DARCHEN: - (B/L/D)

Drive to Darchen (4,675 M, 30 km, 1 hour drive), en-route visit to Chuigumpa hot spring will be organized. Finally arrive in Darchen and overnight stay at hotel.

DAY 09: DRIVE TO YAMADWAR & HOLY TREK TO DIRAPUK: - (B/L/D)

With packed lunch box, drive to Tarboch Flag Pole, the first prostration point, - an auspicious gateway and the sky burial ground. Visit Yamadwar and further drive to Sershong(8 kms from Darchen). Meet your porters/ pony caretaker etc. and trek to Dirapuk (4,765 M, 10 kms , 4/5 hour treks). Overnight stay at guesthouse.

DAY 10: HOLY TREK TO ZUTHULPUK: - (B/L/D)

Continue Parikrama over Droma La Pass (5,585 M) to Zuthulbuk (4,820 M, 22 KM, 7-8 hrs trek). Overnight stay at camp / guesthouse.

DAY 11: HOLY TREK TO DARCHEN & DRIVE TO SAGA: - (B/L/D)

Last and final day Kailash Parikrama ends near Darchen (4,675 M, 14 KM, 3-4 hrs trek), then drive to Saga(427 km, 7/8 hours drive). Overnight stay at hotel.

DAY 12: DRIVE TO SHIGATSE OR DRIVE TO KYRUNG: - (B/L/D)

Drive Saga to Shigatse (3,836 M, 597 kms , 8/9 hour drive) or drive to Kerung (2,700 M, 105 kms 3 to 4 hour drive). Overnight stay at hotel/guesthouse.

DAY 13: DRIVE TO LHASA OR DRIVE TO BORDER & KATHMANDU: - (B/L/D)

Drive to Lhasa (3,600 M, 265 kms , 4/5 hour drive) OR drive to Nepal China Friendship Bridge(50 kms, 1 hours drive) and further drive to Kathmandu(140 kms, 7 /8 hours drive) . Overnight stay at hotel.

DAY 14: FLY TO KATHMANDU OR TRANSFER TO AIRPORT: - (B/L/D)

Transfer to airport for fly to Kathmandu (1,350 M) OR transfer to Tribhuban International airport, Kathmandu, for flight to onward journey.

DAY 15: TRANSFER TO AIRPORT FOR FLIGHT TO ONWARD JOURNEY: - (B/L/D)

Free time until your departure transfer to the International airport for your onward flight.

YATRA TOUR COST- ON REQUEST:

Note: 3 Nights in Beijing/Shanghai and 2 nights in Xining and Beijing/ Xining flight ticket and Xining/ Lhasa train ticket is included on Mount Kailash via China tours.

PRICE INCLUDES:-

- ✓ Airport-Hotel-Airport transfer by private vehicles,
- ✓ 3 nights stay at 5/ 4 star Hotel in Kathmandu .

- ✓ 3 Nights stay at 3 star equivalent hotel in Lhasa .
- ✓ 2 nights stay at 3 star equivalent hotel in Shigatse .
- ✓ 2 nights stay at 3 star equivalent hotel in Saga.
- ✓ 1 night stay at 3 star equivalent hotel in Darchen.
- ✓ 3 Nights accommodation in other part of Tibet at guesthouse/camp/hotel as per the itinerary,
- ✓ Flight from Kathmandu-Lhasa-Kathmandu OR Kathmandu / Lhasa by flight and Saga to Kathmandu by road via Kerung border as per the yatra cost as above.
- ✓ Lhasa sightseeing as per itinerary,
- ✓ Fully Trained Nepali staffs,
- ✓ Fully trained Sherpa team,
- ✓ Professional government license holder English speaking tour guide in Tibet,
- ✓ Yak & Yak men to carry equipment & food materials during Parikrama,
- ✓ Three times a day meals (Breakfast, Lunch & Dinner) while on the yatra,
- ✓ Mineral & boiled water,
- ✓ Oxygen cylinder and oxygen pillow as per the requirements,
- ✓ Tibet Visa & Permit Fee,
- ✓ Necessary Border charges,
- ✓ Ground transfers in Tibet on Deluxe Coach,
- ✓ Required trekking & kitchen equipment,
- ✓ First aid kit,
- ✓ Free use of Down Jacket,
- ✓ Backpack, Monkey cap & duffel bag for free,
- ✓ Yatra Completion Certificate,
- ✓ Simikot area Entry Permit,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the tour staffs during the trip,
- ✓ All types of rescue arrangements,
- ✓ All kind of local and government TAX etc.

PRICE EXCLUDES:-

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Horse(s) & Porter(s) for personal use,
- × Tips for the trekking, tour staffs & driver,
- × Non alcoholic and Alcoholic drinks,
- × Personal expenses: shopping, laundry, trekking-tour equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost may incurred by unpredictable cancellation, natural calamities, political situation, illness etc.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

EXTENSION / PRE OR POST TOUR:-

YATRA TOUR COST- ON REQUEST:

CHINA EXTENSION TOUR COST INCLUDES:

- ✓ 4 star equivalent Hotel accommodation on BB basis.
- ✓ Tour guide

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- ✓ All land transfer in private AC vehicles,
- ✓ All arrival and departure transfers,
- ✓ Flight & Train journey from Xining to Lhasa

RONBUK & EBC EXTENSION TOUR COST INCLUDES:

- ✓ Twin sharing accommodation at Best available lodges,
- ✓ Transfer by deluxe vehicle as per the group size,
- ✓ English speaking Chinese guide,
- ✓ All meals.

(Please Note - All offers & quotes submitted by us, are completely governed by the Terms & Conditions given on our website - www.mastertoursindia.com. Your confirmation for any arrangements to be made by us signifies you & other members of your group have accepted the same & are willingly bound by them)