

### HELI TOUR VIA KATHMANDU OR LUCKNOW

#### **KAILASH - MANSROVAR YATRA & TREK - 2018**

Mt. Kailash is 22028ft above sea level & Lake Mansarovar is 14950ft above sea level  
 Total 2584kms Kathmandu - Kathmandu. (2500km drive in vehicle & 84km Parikrama Trek)



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YATRA CODE	YATRA NAME	DURATION	DESTINATION COVERED
FTT 100 A	Heli Tour via Kathmandu	10 Nights / 11 Days	Kathmandu, Nepalgunj, Simikot, Mount Kailash & Mansarovar Lake
FTT 100 B	Heli Tour Via Lucknow (India)	9 Nights / 10 Days	Lucknow, Nepalgunj/ Simikot and Mount Kailash and Mansarovar lake
FHT 100 C	Heli Tour with entry from Lucknow and exit from Kathmandu or Vice Versa	10 Nights / 11 Days	Kathmandu, Nepalgunj/ Simikot and Mount Kailash and Mansarovar lake

#### FIXED DEPARTURE DATES – 2018 – (Fly In / Fly Out via Hilsa / Simikot)

Month	Group Code	Date of Operation						Full Moon Dates
		Arrival in KTM	Arrival in Lucknow or Nepalgunj	Simikot/Hilsa a Helicopter flight	Hilsa/Simikot Helicopter flight	Dep. from Lucknow	Dep. from KTM	
Apr	FHT 101	21 <sup>st</sup> Apr	22 <sup>nd</sup> Apr	24 <sup>th</sup> Apr	30 <sup>th</sup> Apr	30 <sup>th</sup> Apr	1 <sup>st</sup> May	29 <sup>th</sup> Apr
May	FHT 102	27 <sup>th</sup> Apr	28 <sup>th</sup> Apr	30 <sup>th</sup> Apr	6 <sup>th</sup> May	6 <sup>th</sup> May	7 <sup>th</sup> May	
May	FHT 103	3 <sup>rd</sup> May	4 <sup>th</sup> May	6 <sup>th</sup> May	12 <sup>th</sup> May	12 <sup>th</sup> May	13 <sup>th</sup> May	
May	FHT 104	9 <sup>th</sup> May	10 <sup>th</sup> May	12 <sup>th</sup> May	18 <sup>th</sup> May	18 <sup>th</sup> May	19 <sup>th</sup> May	

INDIA: NEPAL: BHUTAN: TIBET: SIKKIM # AYURVEDA WELLNESS TOUR # ADVENTURE & TREKKING TOURS # BUDHIST PILGRIMAGE & HOLY MT. KAILASH





# MASTER TOURS & TRAVELS

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May	FHT 105	15 <sup>th</sup> May	16 <sup>th</sup> May	18 <sup>th</sup> May	24 <sup>th</sup> May	24 <sup>th</sup> May	25 <sup>th</sup> May	
May	FHT 106	21 <sup>st</sup> May	22 <sup>nd</sup> May	24 <sup>th</sup> May	30 <sup>th</sup> May	30 <sup>th</sup> May	31 <sup>st</sup> May	29 <sup>th</sup> May
May	FHT 107	27 <sup>th</sup> May	28 <sup>th</sup> May	30 <sup>th</sup> May	5 <sup>th</sup> June	5 <sup>th</sup> June	6 <sup>th</sup> June	
June	FHT 108	2 <sup>nd</sup> June	3 <sup>rd</sup> June	5 <sup>th</sup> June	11 <sup>th</sup> June	11 <sup>th</sup> June	12 <sup>th</sup> June	
June	FHT 109	8 <sup>th</sup> June	9 <sup>th</sup> June	11 <sup>th</sup> June	17 <sup>th</sup> June	17 <sup>th</sup> June	18 <sup>th</sup> June	
June	FHT 110	14 <sup>th</sup> June	15 <sup>th</sup> June	17 <sup>th</sup> June	23 <sup>rd</sup> June	23 <sup>rd</sup> June	24 <sup>th</sup> June	
June	FHT 111	20 <sup>th</sup> June	21 <sup>st</sup> June	23 <sup>rd</sup> June	29 <sup>th</sup> June	29 <sup>th</sup> June	1 <sup>st</sup> July	28 <sup>th</sup> June
June	FHT 112	26 <sup>th</sup> June	27 <sup>th</sup> June	29 <sup>th</sup> June	5 <sup>th</sup> July	5 <sup>th</sup> July	6 <sup>th</sup> July	
July	FHT 113	2 <sup>nd</sup> July	3 <sup>rd</sup> July	5 <sup>th</sup> July	11 <sup>th</sup> July	11 <sup>th</sup> July	12 <sup>th</sup> July	
July	FHT 114	8 <sup>th</sup> July	9 <sup>th</sup> July	11 <sup>th</sup> July	17 <sup>th</sup> July	17 <sup>th</sup> July	18 <sup>th</sup> July	
July	FHT 115	14 <sup>th</sup> July	15 <sup>th</sup> July	17 <sup>th</sup> July	23 <sup>rd</sup> July	23 <sup>rd</sup> July	24 <sup>th</sup> July	
July	FHT 116	20 <sup>th</sup> Jul	21 <sup>st</sup> July	23 <sup>rd</sup> July	29 <sup>th</sup> July	29 <sup>th</sup> July	30 <sup>th</sup> July	27 <sup>th</sup> July
July	FHT 117	26 <sup>th</sup> July	27 <sup>th</sup> July	29 <sup>th</sup> July	4 <sup>th</sup> Aug	4 <sup>th</sup> Aug	5 <sup>th</sup> Aug	
Aug	FHT 118	1 <sup>st</sup> Aug	2 <sup>nd</sup> Aug	4 <sup>th</sup> Aug	10 <sup>th</sup> Aug	10 <sup>th</sup> Aug	11 <sup>th</sup> Aug	
Aug	FHT 119	7 <sup>th</sup> Aug	8 <sup>th</sup> Aug	10 <sup>th</sup> Aug	16 <sup>th</sup> Aug	16 <sup>th</sup> Aug	17 <sup>th</sup> Aug	
Aug	FHT 120	13 <sup>th</sup> Aug	14 <sup>th</sup> Aug	16 <sup>th</sup> Aug	22 <sup>nd</sup> Aug	22 <sup>nd</sup> Aug	23 <sup>rd</sup> Aug	
Aug	FHT 121	19 <sup>th</sup> Aug	20 <sup>th</sup> Aug	22 <sup>nd</sup> Aug	28 <sup>th</sup> Aug	28 <sup>th</sup> Aug	29 <sup>th</sup> Aug	26 <sup>th</sup> Aug
Aug	FHT 122	25 <sup>th</sup> Aug	26 <sup>th</sup> Aug	28 <sup>th</sup> Aug	3 <sup>rd</sup> Sep	3 <sup>rd</sup> Sep	4 <sup>th</sup> Sep	
Sep	FHT 123	31 <sup>st</sup> Aug	1 <sup>st</sup> Sep	3 <sup>rd</sup> Sep	9 <sup>th</sup> Sep	9 <sup>th</sup> Sep	10 <sup>th</sup> Sep	
Sep	FHT 124	6 <sup>th</sup> Sep	7 <sup>th</sup> Sep	9 <sup>th</sup> Sep	15 <sup>th</sup> Sep	15 <sup>th</sup> Sep	16 <sup>th</sup> Sep	
Sep	FHT 125	12 <sup>th</sup> Sep	13 <sup>th</sup> Sep	15 <sup>th</sup> Sep	21 <sup>st</sup> Sep	21 <sup>st</sup> Sep	22 <sup>nd</sup> Sep	
Sep	FHT 126	18 <sup>th</sup> Sep	19 <sup>th</sup> Sep	21 <sup>st</sup> Sep	27 <sup>th</sup> Sep	27 <sup>th</sup> Sep	28 <sup>th</sup> Sep	25 <sup>th</sup> Sep
Sep	FHT 127	25 <sup>th</sup> Sep	26 <sup>th</sup> Sep	27 <sup>th</sup> Sep	3 <sup>rd</sup> Oct	3 <sup>rd</sup> Oct	4 <sup>th</sup> Oct	

## OUTLINE ITINERARY:-

Day 01: Arrival in Kathmandu,  
 Day 02: Half day Pilgrimage Sightseeing & fly to Nepalgunj / Arrive Lucknow and transfer to Nepalgunj,  
 Day 03: Fly from Nepalgunj to Simikot,  
 Day 04: Fly from Simikot to Hilsa and drive to Taklakot,  
 Day 05: Drive from Taklakot to Mansarovar,  
 Day 06: Drive from Mansarovar to Darchen,  
 Day 07: Drive to Yamadwar and holy Trek to Dirapuk,  
 Day 08: Holy trek to Zuthulpuk,  
 Day 09: Holy trek to Darchen and drive to Taklakot/ Hilsa.  
 Day 10: Drive to Hilsa/ Fly to Hilsa /Nepalgun and drive to Lucknow for flight to onward journey /  
 Fly to Kathmandu,  
 Day 11: Final departure from Kathmandu.

## DETAIL ITINERARY:-

### **DAY 01: ARRIVAL IN KATHMANDU,**

**(Dinner only)**

Arrival at Tribhuvan International airport , Kathmandu (1,350 M), meet & welcome by our office representative & transfer to hotel. Overnight stay at hotel.

### **DAY 02: PILGRIMAGE SIGHTSEEING & FLY TO NEPALGUNJ / ARRIVE LUCKNOW & TRANSFER TO NEPALGUNJ,**

**(B/L/D)**

Puja at Lord Pashupatinath temple and Budhanilakantha temple. After lunch transfer to domestic airport for flight to Nepalgunj (150 M, 45 minutes flight.). Arrive Nepalgunj and check into hotel. Or arrive Lucknow and drive to Nepalgunj Overnight stay at Hotel Siddhartha / Sneha/ Cygnett or similar.

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**DAY 03: FLY TO SIMIKOT AND WALK TO LODGE (B/L/D)**

Early morning transfer to airport for flight to Simikot (2,910 M). Complete immigration formalities & proceed to the Lodge. Overnight stay at lodge at Simikot.

**DAY 04: FLY TO HILSA & DRIVE TO TAKLAKOT, (B/L/D)**

Early morning walk to airport for chartered Helicopter flight to Hilsa (3,704 M, 15 min flight). Cross the bridge to Sera where our coaches will be waiting (15 minutes' walk). After short introductions with your Chinese guide & driver, drive to Taklakot (3,500 M) (Known to Chinese as Purang) - 30 km - 1 hour drive. Arrive at Taklakot and check into hotel. Full day free to acclimatize and relax at Taklakot. Overnight stay at hotel.

**DAY 05: DRIVE TO MANSAROVAR & MANSAROVAR PARIKRAMA (B/L/D)**

Drive to Mansarovar (4,590 M, 120 KM - 2 hrs). Perform puja, hawan and Devtarpan (self) followed by Mansarovar Parikrama. Overnight stay at guesthouse.

**DAY 06: DRIVE TO DARCHEN, (B/L/D)**

Morning holy bath and Puja at Lake Mansarovar. Visit Chiu Gompa & drive (30 KM) to DARCHEN (4,675 M) for about 1 hours. Overnight stay at guesthouse.

**DAY 07: DRIVE TO YAMADWAR & HOLY TREK TO DIRAPUK, (B/L/D)**

With packed lunch box, drive to Tarboch Flag Pole, the first prostration point, -an auspicious gateway and the sky burial ground. Visit Yamadwar (4,750 M) and further drive to Sershong (total 8 KM from Darchen). Meet your porters/pony caretaker etc.and trek to Dirapuk (4765 m, 10 KM, 3 to 4 hours trek). Overnight stay at guesthouse

**DAY 08: HOLY TREK TO ZUTHULPUK, (B/L/D)**

Continue Parikrama over Dorma La Pass (5,610 M) to Zuthulpuk (4,700 M, 22 KM, 7 to 8 hrs trek). Overnight stay at guesthouse.

**DAY 09: HOLY TREK TO NEAR DARCHEN & DRIVE TO TAKLAKOT/ HILSA (B/L/D)**

Last and final day of Mt. Kailash Parikrama ends near Darchen (4,664 M, 14 KM / 3 to 4 hrs trek) & drive to Taklakot (150 KM, 2 hrs). Arrive at Taklakot (3,500 M) and check into hotel. Overnight stay at hotel.

**DAY 10: DRIVE TO HILSA, FLY TO NEPALGUNJ VIA SIMIKOT & DRIVE TO LUCKNOW FOR FLIGHT TO ONWARD JOURNEY / FLY TO KATHMANDU (B/L/D)**

Drive to Hilsa and walk to Hilsa helipad to take chartered helicopter flight to Simikot . After immigration at Simikot, proceed for Nepalgunj by scheduled flight. Arrive Nepalgunj and drive to Lucknow for flight to onward journey/Fly to Kathmandu.

**DAY 11: FINAL DEPARTURE. Breakfast only**

Breakfast and free time until transferred to international airport for onward flight.

**YATRA TOUR COSTS ON REQUEST**

**PRICE INCLUDES:**

- ✓ Special welcome on arrival in Kathmandu or Lucknow,
- ✓ One briefing session in Kathmandu or Nepalgunj,

- ✓ Two nights 5/4 star Hotel accommodation in Kathmandu and 1 Night stay at hotel Sitharth/ Cygnett/ Sneha on twin share basis with all meals( pure veg only) if the yatri have booked the yatra via Kathmandu – option 1.
- ✓ One night stay at Hotel Cygnett / Siddarth on twin share basis with all meals (pure vegetarian) if the Yatries have booked the Heli via Locknow/ Nepalgunj( option-2).
- ✓ One night stay in Kathmandu, one night stay at Hotel Cygnett / Siddhartha or similar in Nepalgunj (twin share basis) with all meals if the Yatries have booked the Yatra via Lucknow/ Nepalgunj,
- ✓ One night stay in Kathmandu at 5 / 4 star hotel and one night stay at Nepalgunj at Cygnett or Siddarth if the Yatries have booked the yatra with Locknow in / Kathmandu out or vice versa (option-3)
- ✓ One night stay in the best available guesthouse at Simikot with all meals
- ✓ Six nights accommodation in Tibet (Guesthouse, Camp & Hotel) (3 star equivalent Hotel at Taklakot/Darchen) including all meals,
- ✓ Kathmandu half day sightseeing: Pashupatinath Temple, Boudhanath Stupa & Budhanilakanth Temple (if Yatra starts from Kathmandu- option 1),
- ✓ Flight Kathmandu-Nepalgunj-Kathmandu for option-1.
- ✓ Chartered Helicopter flight for Simikot-Hilsa-Simikot (on sharing basis),
- ✓ Nepalgunj/Simikot/ Nepalgunj by scheduled flight.
- ✓ Fully trained Sherpa team,
- ✓ Professional government license holder English speaking tour guide in Tibet,
- ✓ Yak & Yak men to carry equipment & food materials during Parikrama,
- ✓ Three meals (Breakfast, Lunch & Dinner) every day while on the yatra,
- ✓ Mineral & boiled water,
- ✓ Oxygen cylinder and oxygen pillow as per the requirements,
- ✓ Tibet Visa & Permit Fee,
- ✓ Necessary Border charges,
- ✓ Ground transfers in Tibet on Deluxe Coach,
- ✓ Required trekking & kitchen equipments,
- ✓ First aid kit,
- ✓ Free use of Down Jacket,
- ✓ Backpack, Monkey cap & duffel bag for free,
- ✓ Yatra Completion Certificate,
- ✓ Simikot Area Entry Permit,
- ✓ Wages, meals, accommodation, transportations, equipment, insurance and other facilities to the tour staffs during the trip,
- ✓ All kind of local and government TAX etc.

## **PRICE EXCLUDES:-**

- × Insurance that covers Trekking/Travel/Accident/Medical/Emergency evacuations,
- × International airfares,
- × Horse(s) & Porter(s) for personal use,
- × Tips for the trekking, tour staffs & driver,
- × Alcoholic drinks,
- × Personal expenses: shopping, laundry, trekking-tour equipment, SIM Card etc.
- × Nepal Visa fee,
- × Cost raised by unpredictable cancellation, natural calamities, political situation, illness etc.
- ✓ All kind of local and government TAX.
- × Others expenses which are not mentioned above in **PRICE INCLUDES** section.

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