

**\*\*OM NAMAH SHIVAYA\*\***

### **HOLY MT KAILASH VIA LHASA TOUR:**

#### **HOLY MT KAILASH AND MANSAROVAR LAKE- AN INTRODUCTION:**

Holy Mt Kailash and Mansarowar Lake, center of creation & the Universe are as old as the creation. Thousands of Sages, Ordinary Mortals, Philosophers and even Gods had submerged in the blissful trance at the very sight of this divine grandeur. It is the MERU, SUMERU, SUSHUMNA, HEMADRI (Golden Mountain), RATNASANU (Jewel Peak), KARNIKACHALA (Lotus Mountain), AMARADRI, DEVA PARVATHA (Summit of Gods), GANAPARVATHA, AJATADRI (Silver Mountain). Regarded as SWAYAMBHU, the self-created one, everything is said to emanate from here and finally returns here. Mind is the knot tying consciousness and matter-that is set free here.

Famously known to be an abode of LORD SHIVA and his divine consort PARVATI, Mt. Kailash expounds the philosophy of PURUSHA and PRAKRITI-SHIVA and SHAKTI. The radiant SILVERLY summit is the throne of TRUTH, WISDOM and BLISS-SACHIDANANDAM. The primordial sound AUM (NADABINDU) from the tinkling anklets of LALITA PRAKRITI created the visible patterns of the universe and the vibrations (DVANI) from the feet of Lord Shiva (NATARAJA) weaved the essence of ATMAN, the ultimate truth.

Mt. Kailash is considered to be the centre of Hindu philosophy and civilization. Kalpa Viruksha tree is supposed to adorn the slopes. South face is described as Sapphire, east as crystal, west as Ruby and north as Gold. The city of KUBERA is also situated here. Ganga after originating from the toe of Mahavishnu enters the lunar circle and descends further from Kailash after circuiting it seven times and then ultimately divides herself into four rivers. The major rivers of Nepal and India originating from this area are Brahmaputra(Lohita), Indus(Sindhu), Sutlej(Shatadru) and Karnali. Every object in this area is sanctified and each one is related to gripping legends. As one ascends through PARIKRAMA, one encounters holy peaks of RAVANA PARVAT, HANUMAN PARVAT, PADMASAMBHAVA, MANJUSRI, VAJRADHARA, AVALOKITESWARA, JAMBHEYANG, SHAVARI, and NORSENG.

The scriptures reiterate that one, who takes the holy dip at Mansarovar and carries out the Parikrama around Kailash, is absolved of his/her sins through generations and is absorbed into the Supreme Finality. There is no re-birth; sorrows or joys and he/she will be with ultimate –the Lord Shiva. In other words, they become Shiva.

In addition to the Hindus, the entire region is also one of the most important pilgrimage centers for the Buddhists. They worship DEMCHOK (Buddha in forceful form) seated on the summit of Kailash. It is also called Dharmapala, one version quotes the deity as a form of Shiva's manifestation. The description of the deity is more or less like Shiva. Devi is also given a similar form like Parvati. Buddhists adore Kailash as KANG RINGPOCHE and Mansarovar as TSO MAPHAM. Guru Rinpoche (The great Indian Master PADMASAMBHAVA who introduced Buddhism) and Saint Mileraipa are greatly revered here by the pilgrims. Since TANTRISM runs through the main core of Buddhism here, their customs and practices would be found

running close and parallel to Hindu traditions. Like Hindus, they also consider (**DOLMA (DEVI)** and **GAURI KUND** (Thuki Zingbu) as holiest spots. Buddhists strongly believe that pilgrimage to this place liberates them to **NIRVANA**.

Besides, Jains acknowledge Kailash as **ASTAPADA** and **PADMAHRADA**. It is believed that **ADINATH VRISHABDEVA** - the first Tirtankara attained Nirvana here. A few claim that **GURU NANAK** meditated here. Across the river **CHU**, there on the Nyanri range stands an impressive temple. Inside this monastery there is a marble statue radiating peace and compassion. This statue is claimed to be that of Guru Nanak.

The entire area echoes with spiritual vibrations. Even the agnostics shall discover new balance amidst that fathomless serenity. One has to experience it. The common belief is that those who are ordained only could be there.

## INFORMATION

### Health Pre-caution

Oxygen is less at higher altitudes. The inclement weather and high altitude induces certain illnesses generally not encountered over the plains. Headache, nausea, lassitude, lethargy, breathlessness, general uneasiness (malaise), high irritability, light loss of balance, disorientation, incoherence and insomnia are to name among a few. It is common to all irrespective of age, sex and physical fitness. Gradual acclimatization is the best answer. Tranquilizers, sleeping dosages and strong antibiotics must be avoided. Some symptoms do indicate that the body mechanism is readjusting to new environment.

### Route & Climatic Conditions

Once the voyage commences, the panoramic Himalaya and Tibet cocoon the pilgrims in their effulgence and they drift beyond the reach of a conventional world. Deep silence and eerie expansiveness rule the atmosphere. A resourceful pilgrim, however, would enjoy his every step – planning is the key.

Route from Kathmandu to Tatopani (Nepal-China border) is narrow and scary but from the border onward roads are well maintained. The high altitude Tibetan terrain is dry, cold and windy. Night is colder than day. Torrential rains, strong icy winds are common features. The average altitude is above 3,500 meters and the route covers many high altitude passes.

**Risk and Liabilities:** We will endeavor to make your journey smooth and pleasant as far as possible. However, the entire program in Tibet is conducted strictly under the rules and regulations of China Tibet Tourism Bureau (TTB). Therefore, **Fishtail Tours/Trek (P) Ltd.** & its related organizations will not be responsible for any changes in the itineraries due to unavoidable circumstances such as government restrictions, delay in receiving Tibet Travel Permit and Visa due to TTB's own rules and regulations, land slides, road blockages, floods, snow, political unrests, cancellation of flights, delay due to shortage of land cruiser Jeep/Coach in Tibet, personal sickness or accident. Any extra cost incurred shall be borne by travelers themselves.

### Required Documents:

- Minimum of six months valid passport and two copies of passport size photographs.
- A normal health certificate from your personal doctor for travelers aged 50 years and above may be required.

**Fitness:** This is not a trek or expedition but a tour; therefore no specific level of fitness is required. Anybody can join this Yatra if they think they are fit and have a strong willpower. People suffering from cardiac or respiratory problems should consult to their doctor. Morning and evening walks, jogging, stretching, meditation and regular exercises make the journey comfortable for all.

**Food and Beverages:** Delicious continental & Indian food will be served. Breakfasts and Dinners will be served in campsite by trained Nepali staffs. Packed lunch will be provided during daytime. We will serve mineral water for drinking purpose.

**Clothing and Necessities:** As the temperature varies greatly between day and night (from max. 20 degrees Celsius to min. -16 degrees Celsius) one should prepare accordingly. However, we suggest all yatries to travel light – maximum 10 to 15 Kgs per person.

**Travelers should bring following items with them:**

- Woolen gloves, Balaclava, Sun hat, Thermal wear, Water bottle, Woolen socks, Towel, Light Jacket, Sunglasses, Sunscreen, Torch with extra batteries/bulbs, Muffler, Mask, Raincoat, Sweater, Shirt/T-shirt (2 sets) & Trekking shoes.

**Insurance:**

Full travel insurance covering medicine, Helicopter evacuation (if in case of emergency), loss of personal belongings, postponed/ pre-pond expenses of inward and outward flight and trip cancellation is strongly recommended.

**Cancellation:**

All notice of cancellation must be sent to our office in writing; verbal cancellation will not be accepted. There is no refund for services not used. In case of any cancellation the booking amount will be completely forfeited. In addition, the following cancellation rules will be applicable on the balance amount payable.

- 21 days period from tour departure date: 30% cancellation charges.
- 15 days period from tour departure date: 50% cancellation charges.
- 7 days and less periods no show: 75% cancellation charges.

**The above cancellation rules are applied as per the rules and regulation of China Tibet Tourism Bureau and (IPSC) Indian pilgrims service Center, China.**

**Most important points to be noted and prepared:**

1. It should come into notice of all Kailash Yatries that, all Tibet and Holy Mt. Kailash Yatra/Tour operators in Nepal have very fewer roles to play in handling Tibet and Holy Mount Kailash Yatra operation. The decision of Tibet Tourism Bureau (TTB) and China India Pilgrim Service Centre (CIPSC) is final and mandatory to be followed and accepted by all. Hence, interested clients for Tibet and Holy Mt Kailash Yatra (especially Indian Yatries) are requested to be prepared, both mentally and physically, for the following adverse situations and do the necessary preparations accordingly. In case of occurrence of any of the following conditions, the management of Fishtail Group of Tourism Hospitality Industries or its associates won't be liable and be made responsible:
  - a. Though you might have submitted both your name list with advance payment and the application for the Tibet Travel Permit in time as per the rules, it cannot be guaranteed that the Tibet Travel Permit and the Visa will arrive in time. Sometimes, the Tibet Travel Permit or the Visa might be rejected by the concerned authorities, i.e., TTB and CIPSC at the very last hour (even after your arrival in Nepal or after issuance of your non refundable to and fro ticket to Nepal)
  - b. In case of failure to obtain the Tibet Travel Permit and the Visa on time as per the stipulated date of arrival/departure, all additional expenses in Nepal (accommodation, food, transportation etc.) have to be borne by the client himself/herself.
  - c. In case of rejection of your Tibet Travel Permit and the Visa by the concerned authorities, i.e., TTB and CIPSC, at the last hour (after arrival in Nepal), the client himself/herself has to issue fresh return ticket or manage his/her return journey on his/her own expense.
  - d. All the price given below in Indian currency are calculated at the rate of 60/- per US dollar, i.e. ( ROE) is 60/- at the time of pricing. All the difference due to currency fluctuation will be borne by either side.

### Why to choose Master Tours & Travels as your pilgrimage Yatra operator to holy Mt.Kailash and Mansarovar—a journey to the abode of Lord Shiva?

01. The Yatra to Mt. Kailash and Mansarovar is considered as one of the toughest Yatras as the area lies in a high mountain terrain. Thus, it requires highly experienced team to ensure safety and comfortable journey for the pilgrims. Master Tours & Travels & its associate Fishtail Tours & Travels team has been effectively trained to conduct these kinds of tours and has been organizing the Yatra for more than 15 years.
02. We have very cordial relationship and rapport with IPSC/ Chinese government on every aspect. In case of an occurrence of any emergency during the Yatra, all the Yatries can get immediate help and support from the Chinese government.
03. As mentioned earlier, our entire team members are trained for maintaining personal hygiene, safety, sanitation and cleanliness.
04. We serve pure vegetarian, fresh and hygienic meals during the Yatra.

05. We always use high quality International standard equipments to ensure comfort and safety of the Yatris.
06. Master & Fishtail team values your money and assures you that every penny you spend for the trip will be worthwhile as our sole priority is to provide you with the best quality service and guarantee your safety.
08. We have no any hidden costs, except for personal expenses not covered by the contract. We never charge a single penny during the entire journey.

**HOLY MT KAILASH VIA LHASA TOUR:- HELI TOUR VIA KATHMANDU , LHASA / SHIGATSE, HOLY Mt KAILASH & MANSAROVAR LAKE**

**Tour Codes: FML 500 A**  
**Tour Title - Holy Mt Kailash Via LhasaTour**  
**Duration - 13 Nights/ 14 Days**

**Fixed Departure dates for 2014:**

**Fly into Lhasa /Drive out via Zhangmu**

Month	Group Code	Dates of Operation								Full Moon Day
		Arrival in Kathmandu		Kathmandu/Lhasa Flight		Return to KTM Via Zhangmu		Final Departure For onwards journey		
		Day	Date	Day	Date	Day	Date	Day	Date	
April	FML 501 A	Saturday	26 <sup>th</sup> April	Monday	28 <sup>th</sup> April	Friday	9 <sup>th</sup> May	Saturday	10 <sup>th</sup> May	
May	FML502 A	Monday	5 <sup>th</sup> May	Wed.	7 <sup>th</sup> May	Sunday	18 <sup>th</sup> May	Monday	19 <sup>th</sup> May	<b>14<sup>th</sup> May</b>
May	FML403 A	Monday	19 <sup>th</sup> May	Wed	21 <sup>st</sup> May	Sunday	1 <sup>st</sup> June	Monday	2 <sup>nd</sup> June	
June	FML 404 A	Wed.	4 <sup>th</sup> June	Friday	6 <sup>th</sup> June	Tuesday	17 <sup>th</sup> June	Wed.	18 <sup>th</sup> June	13 <sup>th</sup> June
June	FML 405 A	Friday	27 <sup>th</sup> June	Sunday	29 <sup>th</sup> June	Thurs	10 <sup>th</sup> July	Friday	11 <sup>th</sup> July	
July	FML 406 A	Thursday	3 <sup>rd</sup> July	Saturday	5 <sup>th</sup> July	Wed	16 <sup>th</sup> July	Thurs	17 <sup>th</sup> July	<b>12<sup>th</sup> July</b>
July	FML 407 A	Wed.	23 <sup>rd</sup> July	Friday	25 <sup>th</sup> July	Tuesday	5 <sup>th</sup> Aug	Wed.	6 <sup>th</sup> Aug	
Aug	FML 408 A	Sunday	3 <sup>rd</sup> Aug	Tuesday	5 <sup>th</sup> Aug	Saturday	16 <sup>th</sup> Aug	Sunday	17 <sup>th</sup> Aug	10 <sup>th</sup> Aug
Aug	FML 409	Friday	22 <sup>nd</sup> Aug	Sunday	24 <sup>th</sup> Aug	Thurs	4 <sup>th</sup> Sept	Friday	5 <sup>th</sup> Sept	
Sept	FML 411	Tues.	2 <sup>nd</sup> Sept	Thursday	4 <sup>th</sup> Sept.	Monday	15 <sup>th</sup> Sept	Tuesday	16 <sup>th</sup> Sept	9 <sup>th</sup> Sept
Sept.	FML 411	Saturday	20 <sup>th</sup> Sept.	Monday	22 <sup>nd</sup> Sept	Friday	3 <sup>rd</sup> Oct	Saturday	4 <sup>th</sup> Oct.	

**Yatra Itinerary:**

Day	Itinerary Details
01	Arrival at Tribhuban International airport, meet and welcome by our office representative & transfer to hotel. Evening briefing about the Yatra. <b>Overnight stay at hotel.</b>
02	After breakfast leave for temple sightseeing tour to Lord Pashupatinath temple, Lord Narayana also known as sleeping Vishnu (Budhanilakantha temple) and Soyambhunath stupa. Return to hotel, lunch & rest of the day is free for the preparation of Yatra. <b>Overnight stay at hotel in Kathmandu.</b>
03	Transfer to airport for flight to Lhasa. Arrive in Lhasa-the capital city of the Tibet Autonomous Region. Your guide will meet & assist you at the airport and transfer you to your hotel. Arrive hotel and check in. <b>Overnight stay at hotel.</b>
04	After breakfast leave for full day city sightseeing tour to <b>Magnificent Potala Palace</b> -the winter palace of the Dalai Lama; the place where the former great Dalai Lama's stupas are being kept; once the seat of the Tibetan government. With a history of over 1,300 years, the Potala Palace is the treasure of Tibetan religion and culture, storing plenty of figures of the Buddha, murals, sutras etc. After visiting Potala Palace, you will visit one of the three largest monasteries of Gelugpa- <b>the Sera Monastery</b> , and the Dalai Lama's summer palace of the treasure Park of Tibet, <b>the Norbulingka</b> . <b>Return to hotel and overnight stay at hotel.</b>
05	After breakfast you will visit the No. 1 Monastery of Gelugpa- <b>Drepung Monastery</b> , which is the richest monastery ever in Tibet, and is still active today. Then you will be guided to visit the spiritual center of Tibet, <b>the Jokhang Temple</b> , where you might meet many pilgrims, who even prostrate by full length to the threshold of the temple. You will visit the sacred pilgrim path, the oldest street in Lhasa, <b>the Barkhor Street</b> , which is the place where Tibetan culture, economy, religion and arts assemble. In the afternoon, you can pay a visit to <b>the Tibetan Traditional Hospital</b> , where you will see how the Tibetan doctors treat patients in their traditional ways, and in its library, you will find massive medical sutras and medical thankas. <b>The Lhasa Carpet Factory</b> is also a place you should not miss. The carpets there are all hand-made on old-styled vertical looms in traditional processes. <b>Overnight stay at hotel.</b>
06	After breakfast drive to second largest city of Tibet- Shigatse. Arrive Shigatse and visit around the city and monasteries. <b>Overnight stay at hotel.</b>
07	After breakfast drive to Saga. There is nothing so special but you will enjoy the beautiful Tibetan landscape. After approx.5 hours drive you will reach Lhatse. After Lhatse, continue drive to Saga. Enjoy the beautiful Tibetan landscape. After approx.5 hours drive you will reach Saga. <b>Arrive Saga and overnight stay at hotel.</b>
08	After breakfast, drive to Mansarowar. Arrive Mansarowar, take a holy bath; perform Puja, Hawan, and Dev Tarpan etc. Freshly cooked dinner will be served at the edge of lake Mansarowar. <b>Overnight stay at camp/ guesthouse.</b>
09	Visit Chui Gumpa hot spring and drive to Darchen (4,540 m.) -30 km - 2 hours. After lunch, visit to Astapad can be organized. <b>Overnight stay at guesthouse.</b>
10	With packed lunch box, drive to Tarboch Flag Pole, the first prostration point, - an auspicious gateway and the sky burial ground. Visit Yamadwarand further drive to Sershong. Meet your porters/ pony caretaker etc. and trek to Dirapuk (4,765 m). <b>Overnight stay at guesthouse</b>
11	Continue Parikrama over Dromala pass (5,585 m) to Zuthul Puk (22 km, 7-8 hours trek). <b>Overnight stay at camp/ guesthouse.</b>
12	Last and final day Kailash Parikrama ends near Darchen (14 km, 3-4 hrs trek), then drive to Saga. <b>Overnight stay at hotel.</b>
13	Drive Saga to Nyalam. Overnight stay at guesthouse.

14	Drive Nyalam to friendship bridge (40 km) - Nepal/ China border & complete the Immigration formalities in China side. Cross the border and complete the immigration formalities in Nepal side. Walk further down where your coach to Kathmandu will be waiting. Lunch will be arranged on the way or at your hotel in Kathmandu. Arrive Kathmandu after 5 hours drive – 125 km. Evening certificate distribution program followed by dinner. <b>Overnight stay at hotel.</b>
15	Holly water offering at Pashupatinath temple and free time until your departure transfer to the International airport for your onward flight.
<b>*****Yatra Ends*****</b>	

**A. DELUXE GROUP TOUR COSTS ON REQUEST –MINIMUM 20 PAX & ABOVE**

**B. PRIVATE TOUR AS PER THE GROUP ON REQUEST :**

Accommodation and other Details in Nepal & Tibet.		
Kathmandu	Lhasa	Other Part of Tibet(China)
5 star equivalent hotels	3 star equivalent hotel.	Best Available hotel/ Guesthouse/Tent

**Mt Kailash via Lhasa with Lhasa:- ALL DOMESTIC FLIGHT VIA KATHMANDU, LHASA/ HOLY Mt. KAILASH & MANSAROV R LAKE.**

**Tour Codes: FML 500 B**

**Tour Title - Holy Mt Kailash Via Lhasa Tour- B**

**Duration - 11 Nights/ 12 Days**

**Holy Mt Kailash with Lhasa Tour**

**Fly into Lhasa /Drive out via Zhangmu**

Month	Group Code	Dates of Operation								Full Moon Day
		Arrival in Kathmandu		Kathmandu/Lhasa Flight		Return to KTM Via Zhangmu		Final Departure For onwards journey		
		Day	Date	Day	Date	Day	Date	Day	Date	
April	FML 601	Sunday.	27 <sup>th</sup> April	Tuesday	29 <sup>th</sup> April	Tues	6 <sup>th</sup> May	Wed.	7 <sup>th</sup> May	
May	FML602	Thurs.	8 <sup>th</sup> May	Saturday	10 <sup>th</sup> May	Saturday	17 <sup>th</sup> May	Sunday	18 <sup>th</sup> May	14 <sup>th</sup> May

May	FML603	Tuesday	20 <sup>th</sup> May	Thurs.	22 <sup>nd</sup> May	Thurs	29 <sup>th</sup> May	Friday	30 <sup>th</sup> May	
<b>June</b>	<b>FML 604</b>	<b>Saturday</b>	<b>7<sup>th</sup> June</b>	<b>Monday</b>	<b>9<sup>th</sup> June</b>	<b>Monday</b>	<b>16<sup>th</sup> June</b>	<b>Tues</b>	<b>17<sup>th</sup> June</b>	<b>13<sup>th</sup> June</b>
June	FML 605	Thurs	19 <sup>th</sup> June	Saturday	21 <sup>st</sup> June	Saturday	28 <sup>th</sup> June	Sunday	29 <sup>th</sup> June	
<b>July</b>	<b>FML 606</b>	<b>Sunday</b>	<b>6<sup>th</sup> July</b>	<b>Tuesday</b>	<b>8<sup>th</sup> July</b>	<b>Tuesday</b>	<b>15<sup>th</sup> July</b>	<b>Wed</b>	<b>16<sup>th</sup> July</b>	<b>12<sup>th</sup> July</b>
July	FML 607	Friday	18 <sup>th</sup> July	Sunday	20 <sup>th</sup> July	Sunday	27 <sup>th</sup> July	Monday	28 <sup>th</sup> July	
<b>Aug</b>	<b>FML 608</b>	<b>Tues</b>	<b>5<sup>th</sup> Aug</b>	<b>Thursday</b>	<b>7<sup>th</sup> August.</b>	<b>Thurs</b>	<b>14<sup>th</sup> Aug</b>	<b>Friday</b>	<b>15<sup>th</sup> August.</b>	<b>10<sup>th</sup> Aug</b>
Aug	FML 609	Saturday	16 <sup>th</sup> Aug	Monday	18 <sup>th</sup> Aug	Monday	25 <sup>th</sup> Aug.	Tues	26 <sup>th</sup> Aug	
<b>Sept</b>	<b>FML 610</b>	<b>Thurs</b>	<b>4<sup>th</sup> Sept</b>	<b>Saturday</b>	<b>6<sup>th</sup> Sept.</b>	<b>Saturday</b>	<b>13<sup>th</sup> Sept.</b>	<b>Sunday</b>	<b>14<sup>th</sup> Sept.</b>	<b>9<sup>th</sup> Sept</b>
Sept	FML 611	Monday	15 <sup>th</sup> Sept.	Wed.	17 <sup>th</sup> Sept.	Wed.	24 <sup>th</sup> Sept.	Thurs.	25 <sup>th</sup> Sept.	

### Yatra Itinerary:

Day	Itinerary Details
01	Arrival at Tribhuban International airport, Kathmandu, meet and welcome by our office representative and transfer to hotel. Evening briefing about the yatra. <b>Overnight stay at hotel.</b>
02	After breakfast, leave for temple sightseeing tour to Lord Pashupatinath temple and Boudhanath stupa. Return to hotel, lunch and rest of the day is free for the preparation of Yatra. <b>Overnight stay at hotel in Kathmandu.</b>
03	Transfer to airport for flight to Lhasa. Arrive in Lhasa-the capital city of Tibet Autonomous Region. Your guide will meet and assist you at the airport and transfer you to your hotel. Arrive hotel and check in. <b>Overnight stay at hotel.</b>
04	After breakfast, leave for full day city sightseeing tour to <b>Magnificent Potala Palace</b> -the winter palace of the Dalai Lama; the place where the former great Dalai Lama's stupas are being kept; once the seat of the Tibetan government. With a history of over 1,300 years, the Potala Palace is the treasure of Tibetan religion and culture, storing plenty of figures of the Buddha, murals, sutras etc. After visiting Potala Palace, you will visit one of the three largest monasteries of Gelugpa- <b>the Sera Monastery</b> , and the Dalai Lama's summer palace of, the treasure Park of Tibet, <b>the Norbulingka. Return to hotel and overnight.</b>
05	After breakfast, transfer to airport for flight to Ali. Arrive Ali and drive to Chu Gumpa. Holi bath , puja, Hawan etc ( Self). <b>Overnight stay at guesthouse.</b>
06	Visit Chui Gumpa hot spring and drive to Darchen (4,540 m)- 30 km - 2 hrs. After lunch, visit to Astapad can be organized. <b>Overnight stay at guesthouse.</b>
07	With packed lunch box drive to Tarboch Flag Pole, the first prostration point, - an auspicious gateway and the sky burial ground.



	Visit Yamadwar and further drive to Sershong. Meet your porters/ pony caretaker etc.and trek to Dirapuk (4,765 m). <b>Overnight stay at guesthouse</b>
08	Continue Parikrama over Dromala pass (5,585 m) to Zuthul Puk (22 km, 7-8 hrs trek). <b>Overnight stay at camp/ guesthouse.</b>
09	Last and final day of Mt. Kailash Parikrama ends near Darchen (14 km/ 3 to 4 hrs trek) & drive to Saga(450 Km, 6 hours). <b>Arrive Saga, &amp; overnight stay at hotel.</b>
10	Drive Saga to Friendship Bridge (245 Km, 5/ 6 hrs drive)- Nepal/ China border and complete the Immigration formalities in China side. Cross the border and complete the immigration formalities in Nepal side. Walk further down where your coach to Kathmandu will be waiting. Lunch will be arranged at Tatopani- After Immigration formalities drive to Kathmandu. Arrive Kathmandu after 5 hours drive – 125 km. Evening certificate distribution program will be organized , followed by dinner. <b>Overnight stay at hotel.</b>
11	Holly water offering at Pashupatinath temple and free time until your departure transfer to the International airport for your onward flight.
<b>*****Yatra Ends*****</b>	

**A. DELUXE GROUP TOUR COSTS ON REQUEST –MINIMUM 20 PAX & ABOVE**

**B. PRIVATE TOUR AS PER THE GROUP ON REQUEST :**

<b>Accommodation and other Details in Nepal &amp; Tibet.</b>		
Kathmandu	Lhasa	Other Part of Tibet(China)
4 star equivalent hotels	3 star equivalent hotel.	Best Available hotel/ Guesthouse/Tent

**TOUR COST WILL INCLUDE:**

- Special welcome at international airport in Kathmandu and Lhasa.
- 1 briefing session in Kathmandu.
- 3 nights stay in Kathmandu at 5 star equivalent hotel with all meals.
- 3 nights accommodation in Lhasa at 3 star equivalent hotel.
- Lhasa city sightseeing as per the itinerary.
- 1 night stay at 3 star equivalent hotels at Shigatse.
- 7 nights accommodation in other part of Tibet at guesthouse/tent as per the itinerary.

- Fully Trained Nepali staffs, 3 times a day meal, mineral and boiled water for drink.
- Oxygen cylinder and oxygen pillow as per the requirements.
- Tibet Visa and Permit Fee.
- Yak and Yak men to carry Kitchen equipments and food materials during Parikrama.
- Ground transfers in Tibet (Lhasa to Mansarovar and back to Zhangmu) using Deluxe 4500 cc Toyota Land cruisers / deluxe coach as applicable .
- Services of English speaking guide & Nepali tour leader in Tibet.
- Required trekking and kitchen equipments.
- Oxygen cylinders and first aid kit.
- Yatra Completion certificate.
- Free use of warm Down-Jacket and Sleeping bag.
- Backpack, and duffel bag for free.
- 1 half-day Kathmandu sightseeing covering Pashupatinath temple& Boudhanath stupa.
- China Border/ Kathmandu by non A/C coach.
- Kathmandu/ Lhasa by flight.
- Yatra completion Certificate
- Necessary Assistance.

### Cost Excludes:

- Horse and porter for personal use.
- Personal items and clothing.
- Entrance fee at sightseeing spots
- Extra costs that may arise due to prolonged delays or postponement of flights due to technical reasons/ acts of nature/ riots/ curfew/ government regulations or any other conditions whatsoever, which are beyond the control of Fishtail Tours & Travels and its associated agents.
- Personal expenses, tips and donations, insurance against loss of baggage, damage of valuables, theft of personal items/ belongings, medical expenses in case of accident or expenses in emergency evacuation.

### Booking Procedure:

For the booking of Mt Kailash or any other Tibet / China Tour the following document and payment must be reached to us.

- ❖ **Non refundable booking Charge INR 25,000/- for Indian Nationals & USD 500.00 for others.**
- ❖ **Properly filled booking form with duly signed ( given below).**
- ❖ **Clear passport copy with minimum 6 month validity**

## Tour Booking Form

Full Name (As shown in passport):

Age: Sex: Present Profession:

Passport No: Date of Issue: Valid till:

Name of Father/ Mother: Name of Husband/ Wife:

Permanent Address:

Temporary/ Present Address (If differ from permanent only):

Telephone: Office: Home: Mobile:

Email:

I am interested to join in your regular Mt Kailash Tour (Please tick in one): Overland Tour/ Heli Tour/ Hilsa Zhangmu Tour/ Mt Kailash Via Lhasa Tour on my own decision which is scheduled to departure from Kathmandu on..... And final departure from Kathmandu on..... and here by deposited initial non refundable booking Charge INR 15,000/- by cash/ cheque No:..... / bank transfer dated ..... thru bank ..... on.....

I am fully aware about the landscape & climate of the route and other required general information about the yatra. I am traveling on my own decision.

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